

June 2026 Class Schedule

| TIME | SUN | MON | TUES | WED | THURS | FRI | SAT |
|-------------------|-----|---------------|--------------------------------|----------------------|-----------------------|------------|--|
| 8:00am - 9:00 ish | | MUSCLE MONDAY | | | | KICKBOXING | |
| 8:00am-9:15am | | | | WORKOUT WEDNESDAY! | | | SATURDAY SHOWDOWN!(No live class 6/20) |
| 9:00am - 10:00am | | | | | TOTAL BARRE THURSDAY! | | |
| 9:15am - 10:15am | | | BOOT CAMP (9/23) UYB (2/16/30) | | | | |
| 4:30-5:30pm | | VIRTUAL CLASS | VIRTUAL CLASS at gym | VIRTUAL CLASS at gym | VIRTUAL CLASS at gym | | |
| 5:45pm - 6:45pm | | | | | | | |